

AGENDA

4th INTERNATIONAL CONFERENCE ON SOCIAL AND HEALTH SCIENCES **BUILDING FUTURES: INNOVATION, HUMANISM, AND COOPERATION IN A DIVIDED WORLD**

Prishtina Campus (Address: Prishtinë-Ferizaj Highway. Lipjan XK, 14000)

April 22-23, 2026

09:30 – 10:00 Registration & Welcome Cocktail

10:00-10:30 **Opening Speeches**
Isabel Salvat – Vice President for Academic Affairs
Valon Murati – Vice President for External Relations and Community Outreach
Hajrulla Çeku – Minister of Education, Science and Technology –

ROOM: AMPHITHEATER

ZOOM LINK:

<https://us06web.zoom.us/j/83983331370?pwd=naCGGpk6dT3NKwM1czl4f7ZqEwIGAj.1>

10:30 – 16:00 **SESSION 1: FROM SMART TECH TO GREEN IMPACT: RETHINKING BUSINESS AND AI FOR TOMORROW**

MODERATOR: Filip Ruxho

ROOM:

ZOOM LINK:

<https://us06web.zoom.us/j/84950577868?pwd=Avx3hZjWIDuz2iVaOWTNX9B1Ma2TpP.1>

PANEL: GREEN ENTREPRENEURSHIP AND CIRCULAR ECONOMIES

10:30 – 10:40 **1. Circular Economy and Green Growth: Pathways to a Healthier Kosova**
Bardh Xerxa & Driton Blakqori, UNI – Universum International College, Kosova; University of Ljubljana, Slovenia

10:40 – 10:50 **2. Circular economy sustainable practices among small and medium enterprises in Kosova: responsible consumption and production (SDG 12)**
Filip Ruxho, UNI - Universum International College, Kosova

10:50 – 11:00 **3. Advancing towards a Circular Economy - insights from Vietnamese enterprises**
Oanh Thu Thị Đình & Thị Minh Thị Nguyễn, University of Economics Ho Chi Minh City, Vietnam; Fulbright University Vietnam

4. Transforming Industrial Waste into Sustainable Construction Materials

11:00 –
11:10 *Faton Spahiu & Vladimir Vitanov & Valentina Zileska Pancovska & Labinot Topilla, University of Applied Sciences, Ferizaj, Kosova; Ss. Cyril and Methodius University in Skopje, North Macedonia*

11:10-11:20 Discussion

5. Circular economy and the implementation of the sustainable development goals in Vietnam

11:20 –
11:30 *Huyền Hoàng Thị Thu, University of Social Sciences and Humanities, Vietnam National University, Ho Chi Minh City, Vietnam*

11:30 –
11:40 **6. Sectoral Cost Assessment of Green Hydrogen for Sustainable Transport and Industrial Applications**

Metin Gül, Balıkesir University, Türkiye

11:40 –
11:50 **7. Advancing Circular Economy through Interdisciplinary Thematic Learning**

Monika Petkevičiūtė Stručko & Birute Mockeviciene & Ausra Sukvietiene, Mykolas Romeris University, Lithuania

11:50 –
12:00 **8. The impact of Circular Economy on the development of firms in Kosova**

Riona Bajrami, University of Prishtina, Kosova

12:00 –
13:00 Lunch Break

9. A Multilevel Analysis of the Impact of Built Environment on Artificial Light at Night in European Cities

13:00 –
13:10 *Riaz Agahi, Heimerer College, Kosova*

10. Public Health and Environmental Impacts of Sustainable Chemical Product Use in Urban Areas: The Case of NovaLabs Chemistry Inc.

13:10 –
13:20 *Gülşah Çelik Gül & Seda Beyaz & Hakan Tavşanlı, University of Balıkesir, Turkey*

13:20 –
13:30 Discussion

PANEL: DIGITAL TRANSFORMATION AND FUTURE OF WORK

13:30-
13:40 **11. Digital Transformation as a Factor of Enterprise Competitiveness in North Macedonia: A Descriptive Analysis**

Andi Beqiri & Ilir Bislimi & Sejdi Xhemaili, University of Tetova, North Macedonia; UNI – Universum International College, Kosova

13:40 -
13:50

12. A cloud computing & machine learning-based framework for flood risk prediction and early warning systems: supporting state strategies for natural disaster prevention in Kosova
Besart Hyseni, International Business College Mitrovica – IBCM, Kosova

13:50 -
14:00

13. Agile methodologies in Vocational Training
Paula Maria Cáceres González & Juan Carlos Fuentes Miralles, IES San Vicente, Spain

14:00 -
14:20

Coffee Break

14:20-
14:30

14. Turning Knowledge into Capital: How Adult Education and RVCC Unlock Community Entrepreneurship in Rural Territories

Susana Soares Pinheiro Vieira Pescada & Fernando José Calado e Silva Nunes Teixeira & António Manuel Felício Espírito Santo & Filipos Ruxho, University of the Algarve, Portugal; Polytechnic Institute of Beja, Portugal; UNI – Universum International College, Kosova.

14:30-
14:40

15. Digital transformation and the future of work: rethinking human capital in the development of productive forces in Vietnam

Thị Thành Phan, University of Social Sciences and Humanities, Vietnam National University, Ho Chi Minh City, Vietnam

14:40 -
14:50

16. The Impact of Leadership Style on Employee Stress Levels in Albania

Sejdi Xhemaili & Stela Kapo, UNI – Universum International College, Kosova; CleanScore Project, Albania

14:50 -
15:00

17. Human Happiness and the Vision of a Happy Nation: Rethinking Human-Centered Development in a Fragmented World

Van Phung Tran, Can Tho City Political School, Vietnam

15:00 -
15:10

18. AI and Human Well-Being: Challenges and Opportunities for Social Work in Kosova

Ferdi Kamberi, University of Gjakova “Fehmi Agani”, Kosova

15:10-
15:20

19. AR&VR Technology - Revolutionary Technology in Education

Mentor Rrustemaj, Kosovo

15:20 -
16:00

Discussion & Closing Remarks

10:30 -
17:00

SESSION 2: THE FUTURE OF HEALTH: AI AND HUMAN WELL-BEING

MODERATORS: Redon Jashari & Donjet Bislimi & Kaltrina Feka

ROOM:

ZOOM LINK:

<https://us06web.zoom.us/j/83983331370?pwd=naCGGpk6dT3NKwM1czl4f7ZqEwIGAj.1>

PANEL: AI IN DIAGNOSTICS, TELEMEDICINE, AND PRECISION CARE

10:30 -
10:40

1. Precision Care and Data-Driven Health Systems

Bekim Ramabaja & Marco Batista, UNI – Universum International College, Kosova; Politecnico Castelo Branco, Portugal

10:40 -
10:50

2. Telemedicine and Digital Monitoring in Nursing and Allied Health

Nora Shabani & Dexie Hernandez & Leureta Salihu - UNI – Universum International College, Kosova; Mapúa Malayan Colleges Mindanao, Philippines.

10:50 -
11:00

3. Assessment of public trust in public health authorities and the medical community to manage the COVID-19 crisis, Kosova, September-October 2022

Donjet Bislimi & Redon Jashari, UNI – Universum International College, Kosova.

11:00 -
11:10

4. Postural Health in the Digital Age: The Influence of Physical Activity and Sedentary Behavior in School-Aged Children

Besmir Salihu, UNI – Universum International College, Kosova

11:10 -
11:20

5. The Impact of Large Language Models in Orthopedic Decision-Making

Drande Sermahaj & Redon Jashari & Donjet Bislimi & Drin Jashari, UNI – Universum International College, Kosova; University of Prishtina, Kosova

11:20-
11:30

6. Human-AI Collaboration Across Medicine, Nutrition, Psychology, And Exercise Prescription: A Narrative Review

Kaltrina Feka & Arlinde Zeka, UNI – Universum International College

11:30 -
11:40

7. Nurses Knowledge in Palliative Care for Diabetic Foot Management

Muhamet Kadrija & Donart Zymeri, University of Gjakova “Fehmi Agani”, Kosova; University of Prishtina, Main Center of Family Medicine, Kosova

11:40 -
12:00

Discussion

12:00 -
13:00

Lunch Break

PANEL: HUMAN-CENTERED HEALTH TECHNOLOGIES

13:00 - **8. Ethical challenges and humanism in artificial intelligence for health**
13:10 *Dua Danjoli-Hashani & Pranvera Jetishi-Çollaku, UNI - Universum International College, Kosova*

13:10 - **9. Polymorphism of follicle-stimulating hormone receptor gene in infertile Albanian male population**
13:20 *Shkëlzen Elezaj & Zafer Gashi & Liridon Elezaj, UNI – Universum International College, Kosova; UBT College, Kosova; Polyclinic "UROMED", Kosova*

13:20 - **10. Assessment of Sedentary Lifestyle, Physical Activity, and Dietary Habits among University Students in Kosova**
13:30 *Erëleta Sejdiu & Jeton Havolli, UNI – Universum International College, Kosova*

13:30 - **11. Cultural Influences on Doctor-Patient Communication in Cancer Care in North Macedonia**
13:40 *Arta Xhelili, "Mother Theresa" University, North Macedonia*

13:40 - **12. Acupuncture in integrative medicine: evidence-based applications and clinical outcomes in Albania**
13:50 *Johana Kume, American Hospital, Albania*

13:50 - **13. Healthcare safety of home care provision**
14:00 *Tevide Shabani & David Bogataj, UNI – Universum International College, Kosova; Alma Mater Europaea University, Slovenia*

14:00 - Coffee Break
14:20

14:20 - **14. Comparative Outcomes of Reverse Shoulder Arthroplasty versus Open Reduction and Internal Fixation for Complex Proximal Humerus Fractures in the Elderly**
14:30 *Redon Jashari & Donjet Bislimi & Drande Sermaxhaj & Drin Jashari, UNI – Universum International College, Kosova; University of Prishtina, Kosova*

14:30 - **15. Intelligent Impact Assessment of INGO Programs on Health and Education in Afghanistan Using Machine Learning (2020-2025)**
14:40 *Abdul Saboor Noori, Ural Federal University, Russia*

14:40 - **16. Diagnosis of Retrograde Ejaculation through Semen and Urine Analysis: A Multidisciplinary Approach**
14:50 *Zafer Gashi & Shkelzen Elezaj & Fatjona Gashi & Fitore Gashi UBT College, Kosova; UNI - Universum International College, Kosova; Biolab-Zafi Policlynic, Kosova*

14:50 - Discussion
15:00

PANEL: MENTAL HEALTH, LIFESTYLE, AND DIGITAL SOCIETY

- 15:00 – 15:10 **17. Parental Anxiety and Child Anxiety: A Cross-Cultural Comparison Between Albanian and Macedonian Families**
Mirlinde Bilalli & Emire Bilalli & Nita Beluli Luma, “Mother Theresa” University, North Macedonia.
- 15:10 – 15:20 **18. Artificial Intelligence and Mental Health: Opportunities, Challenges, and Implications in Digital Society**
Ruvejda Braha & Sumea Ramadani & Gordana Stankovska, International Balkan University, North Macedonia
- 15:20 – 15:30 **19. Cyberbullying and Wellbeing Among University Students**
Rita Selimi & Njomza Llullaku, University of Prishtina, Kosova
- 15:30 – 15:40 **20. The use of artificial intelligence in social networks and psychological implications in young people**
Nita Beluli Luma & Majlinda Salihi, “Mother Theresa” University, North Macedonia
- 15:40 – 15:50 Coffee Break
- 15:50 – 16:00 **21. Parents Perspectives on the Use of Vitamins and Supplements in Children with Autism Spectrum Disorders**
Kilda Gusha, University of Shkdora “Luigj Gurakuqi”, Albania
- 16:00 – 16:10 **22. The Future of Mental Health: Integrating Technology, Biology and Psychology**
Sumea Ramadani & Ruvejda Braha & Gordana Stankovska, International Balkan University, North Macedonia
- 16:10 – 16:20 **23. The Social-Psychological and Educational-Moral Function of Music in Ancient Greece**
Sunaj Raimi & Avni Avdiu & Argetim Raimi, “Mother Theresa” University, North Macedonia
- 16:20 – 16:30 **24. Beyond Technology: Music and Creative and Expressive Activities as Foundations Emotional Well-being in Early Childhood Education**
Mimoza Kurshumlia and Rajmonda Kurshumlia Syla, University of Gjakova “Fehmi Agani” Kosova.
- 16:30 – 16:40 **25. Mindfulness and School Social Work in the Digital Age: Policy and Practice Lesson from Vietnam**
Le Van Cong Le, University of Social Sciences and Humanities, Vietnam National University Ho Chi Minh City, Vietnam
- 16:40 – 17:00 Discussion & Closing Remarks

10:30 – **SESSION 3: GLOBAL SHIFTS: GEOPOLITICS, SECURITY, AND PEACE IN TIMES OF UNCERTAINTY**
16:00 **MODERATORS:** *Gurakuç Kuqi, Rrezart Dema & Valon Murati*
ROOM:
ZOOM LINK:
<https://us06web.zoom.us/j/84338963206?pwd=EcH92iEhHAPZZ29oWth8gDYyC91NYb.1>

PANEL: TECTONIC CHANGES IN GEOPOLITICS: CONFLICTS, TRADE WARS, AND GLOBAL SECURITY

10:30 – **1. When Democracy is Ailing: The Erosion of Trust and Performance**
10:40 *Algis Krupavičius & Ligita Šarkutė, Mykolas Romeris University, Lithuania;*
Vytautas Magnus University, Lithuania

10:40 – **2. The Middle East Between Religion in Law and Secularism in Practice**
10:50 *Avni Rudaku, Public University “Kadri Zeka”, Kosova*

10:50 – **3. The South-East of the South-East: Thrace as a Positive Example of Regional Transformation in a Fragmented World**
11:00 *Georgi Stankov, “Corridor 8” Research center, Bulgaria*

11:00 – **4. How to Predict China's Reactions to Major International Conflicts? - A Risk Assessment Interdisciplinary Approach**
11:10 *Jiabin Song & Algis Krupavičius, Vytautas Magnus University, Lithuania; Mykolas Romeris University, Lithuania*

11:10 – **5. The nation-state as a structural actor of democratic metamorphosis**
11:20 *Sadri Ramabaja, Albanian Institute for Geopolitics, Kosova*

11:20 – **6. The New World Order and the Functioning of Alliances**
11:30 *Fatos Rushiti & Shpendim Oxha, UNI – Universum International College, Kosova; UBT College, Kosova.*

11:30-
11:40 Discussion



PANEL:	SOUTH EASTERN EUROPE AND KOSOVA IN A FRAGMENTED WORLD
11:40 - 11:50	7. Geopolitical Shifts and Strategic Militarization: U.S. Influence in Japan and Kosova <i>Arbenita Sopaj, Waseda University, Japan</i>
11:50 - 12:00	8. Transitional Justice and Peacebuilding in Post-Conflict Societies: The Perspective of Social Work <i>Avdyl Gashi, University of Prishtina, Kosova</i>
12:00 - 13:00	Lunch Break
13:00- 13:10	9. Ruptures in Transatlantic Relations and Their Effects on Southeast Europe: The Cases of Kosova and Albania <i>Valon Murati, UNI – Universum International College, Kosovo</i>
13:10 - 13:20	10. Military spending in the Western Balkan countries in the period 2015-2025 and its consequences <i>Enver Voca, South East European University, North Macedonia</i>
13:20- 13:30	11. European Integration of Kosova and the Western Balkan States <i>Martin Skaloš, Matej Bel University, Slovakia</i>
13:30 - 13:40	12. Controlled Delivery and Legal Harmonization: Albania's Path to European Integration <i>Ermira Tafani & Xhoena Agolli, University of Elbasan "Aleksandër Xhuvani", Albania</i>
13:40 - 13:50	13. Citizens' perceptions of e-governance effectiveness and their impact on trust in public institutions <i>Rrezart Dema, UNI – Universum International College, Kosova</i>
13:50 - 14:10	Discussion
14:10 - 14:20	Coffee Break

PANEL: MEDIA, DIPLOMACY, AND GLOBAL COOPERATION IN THE AGE OF POLARIZATION

- 14:20-
14:30 **14. Artificial Intelligence Diplomacy and Conflict Resolution in International Politics**
Mariam Waheed, Galala University, Egypt
- 14:30-
14:40 **15. Climate Narratives and Policy Polarization: The role of media Gatekeepers in Decarbonization Governance**
Birutė Mockevičienė & Ieva Budraitė & Julija Moskvina, Mykolas Romeris University, Lithuania
- 14:40-
14:50 **16. Media Discourse and the Construction of “Enemy”**
Libron Kelmendi & Muhamet Lajqi, University “Haxhi Zeka”, Kosova; University “Fehmi Agani”, Kosova
- 14:50-
15:00 **17. Artificial intelligence and digital diplomacy: Transforming contemporary foreign policy instruments**
Viona Rashica, Public University “Kadri Zeka”, Kosova
- 15:00-
15:10 **18. Civil and International Legal Liability for Transboundary Harm in a Globalized World**
Kastriote Vlahna and Hajredin Kuçi; University of Prizren “Ukshin Hoti”; University of Prishtina “Hasan Prishtina
- 15:10-
15:20 **19. Money Laundering in Kosova: The Interplay Between Criminal Liability and Challenges in the Banking Sector**
Fitim Gashi & Fejzi Beçiri, UNI - Universum International College, Kosova
- 15:20-
15:30 **20 Femicide: comparative analysis of national and international legal standards**
Arta Selmani, Ss. Cyril and Methodius University, North Macedonia
- 15:30
15:40 **21. Students’ Use of AI in Higher Education: Skills, Impact on Learning, and Academic Integrity**
Gurakuç Kuçi and Nesrin Jahja – UNI – Universum International College, Kosova
- 15:40 -
16:00 Discussion & Closing Remarks

